

College of Southern Maryland and West Virginia University



Associate of Science in Exercise and Sport Science A.S. leading to
Bachelor of Science in Health and Well-being B.S.
Suggested Plan of Study



College of Southern Maryland	Hours	WVU Equivalents	Hours
Year One, 1 st Semester			
ENG 1010	3	ENGL 101	3
WFS 1401	3	HN&F 171 (Required)	3
WFS 1745	3	PASS 110	3
MTH 1120	3	MATH 126 (Sub for MATH 124)	3
COM 1010	3	COMM 270 & COMM 270S	3
TOTAL	15		15
Year One, 2 nd Semester			
BIO 1060 & BIOL 1060L (Biological/Physical Science)	4	BIOL 115 & BIOL 115L	4
PSY 1010	3	PSYC 101	3
WFS 1775	3	SM 426	3
WFS 1670	3	HWB 472	3
BAD 1210	3	BUSA 320	3
TOTAL	16		16
Year Two, 1 st Semester			
WFS 2000	3	PET 124 + PET 2TC	3
WFS 2011	3	HWB 2TC	3
WFS 1760	3	SEP 272	3
COM 1250	3	COMM 102	3
ENG 1020 (General Education)	3	ENGL 102	3
TOTAL	15		15
Year Two, 2 nd Semester			
*WFS 1790	3	PUBH 353 (Sub for SEP 415)	3
WFS 1701	3	CHPR 170	3
CHE 1200 & CHE 1200L	4	CHEM 115 & CHEM 115L (Required)	4
WFS 1770 (Elective)	3	SEP 371	3
Elective	1	Elective	1
TOTAL	14		14

West Virginia University			
Year Three, 1 st Semester		Year Three, 2 nd Semester	
SEP 283	3	ACE 307	3
CAHS 300	3	HWB 224	3
PALM 200	3	HWB 375	3
HWB 339	3	PET 401	3
PSIO 241 or PSIO 441 or BIOL 235 & BIOL 236	4	PALM 205 & PALM 206	4
TOTAL	16	TOTAL	16
Year Four, 1 st Semester		Year Four, 2 nd Semester	
HWB 359	3	CAHS 489 (Capstone)	3
PET 402	3	PET 403	3
HWB 404	3	ACE 327	3
PALM 300	3	COUN 303	3
PSYC 241	3	General Elective	3
TOTAL	15	TOTAL	15

*For this agreement, the following substitutions will be granted:

- WFS 1790 = PUBH 353 – substituted for SEP 415

Students must maintain a 2.0 GPA to graduate.

Students transferring to West Virginia University with an Associate of Arts or Associate of Science degree will have satisfied the General Education Foundation requirements at WVU.

Students who have questions about admission into their intended program, GEF requirements, minors, or any other issue relating to academics at West Virginia University should contact the Office of Undergraduate Education at WVU.

The above transfer articulation of credit between West Virginia University and College of Southern Maryland, is approved by the Dean, or the Dean's designee, and effective the date of the signature.

Valerie Wayda

Print Name

Valerie Wayda

Valerie Wayda (Mar 26, 2026 16:23:31 EDT)

Signature

Mar 26, 2026

Date

Valerie Wayda - Ed.D. Associate Dean for Student Success for WVU's College of Applied Human Sciences

Bernice Brezina

Print Name

Bernice Brezina

Bernice Brezina (Apr 27, 2026 18:25:51 EDT)

Signature

04/27/2026

Date

Dr. Bernice Brezina, Interim Vice President, Division of Learning.