

# College of Southern MD and West Virginia University



Associate of Arts – Arts and Sciences: Exercise and Sports Science leading to

Bachelor of Science in Coaching and Performance Science

– Strength &amp; Conditioning BS

Suggested Plan of Study



College of Southern Maryland	Hours	WVU Equivalents	Hours
<b>Year One, 1<sup>st</sup> Semester</b>			
BIOL 1060 & 1060L	4	BIOL 115 & BIOL 116	4
ENG 1010	3	ENGL 101	3
WFS 1401	3	HN&F 171	3
WFS 1701	3	CHPR 170	3
<b>TOTAL</b>	13		13
<b>Year One, 2<sup>nd</sup> Semester</b>			
BIO 2070 & BIO 2070L	4	BIOL 230 & BIOL	4
PSY 1010	3	PSYC 101	3
WFS 1760	3	SEP 272	3
WFS 1790	3	PUBH 353	3
COM 1650	3	CSAD 270	3
<b>TOTAL</b>	16		16
<b>Year Two, 1<sup>st</sup> Semester</b>			
BIOL 2080 & 2080L	4	BIOL 231	4
MTH 1120	3	MATH 126	3
PSY 2050	3	*PSYC 241	3
WFS 1770	3	SEP 271	3
ENG 1020	3	ENGL 102	3
<b>TOTAL</b>	16		16
<b>Year Two, 2<sup>nd</sup> Semester</b>			
PHYS 1010 & 1010L	4	PHYS 101	4
WFS 1775	3	SM 426	3
WFS 2000	3	PET 124 + PET 2TC	3
SOC 1010	3	SOC 101	3
COM 1350 or MATH 1015 (Elective)	3	COMM 316 or STAT 211	3
<b>TOTAL</b>	16		16

Coaching and Performance Science – Strength & Conditioning BS

WEST VIRGINIA UNIVERSITY			
Year Three, 1 <sup>st</sup> Semester		Year Three, 2 <sup>nd</sup> Semester	
PET 244	2	ACE 215 (SP Only)	3
PET 125	2	HN&F 200	3
ACE 215	3	ACE 310**	3
ACE 265**	3	ACE 453	3
PASS 300	3	EXPH 364 (or AoE)	3
ACE 256**	3		
<b>TOTAL</b>	<b>16</b>	<b>TOTAL</b>	<b>15</b>
Year Four, 1 <sup>st</sup> Semester		Year Four, 2 <sup>nd</sup> Semester	
ACE 469	3	ACE 410	3
ACE 468 (FA Only)	3	ACE 488	3
ACE 457 (or AoE)	3	ACE 475 (or AoE)	3
EXPH 365	3	ACE 487 (or AOE)	3
COMM 316 or STAT 211	3	Elective	2
<b>TOTAL</b>	<b>15</b>	<b>TOTAL</b>	<b>14</b>

\*For this agreement the following will be accepted:

- PSY 2050 = PSYC 241 – will be substituted for PET 175

\*\*Courses must be completed with a B- or higher.

Students must maintain a 2.0 GPA in order to graduate from the College of Physical Activity and Sport Sciences At West Virginia University.

Students transferring to West Virginia University with an Associate of Arts or Associate of Science degree will have satisfied the General Education Foundation requirements at WVU.

Students who have questions about admission into their intended program, GEF requirements, minors, or any other issue relating to academics at West Virginia University should contact the Office of Undergraduate Education at WVU.

The above transfer articulation of credit between West Virginia University and College of Southern Maryland, is approved by the Dean, or the Dean's designee, and effective the date of the signature.

Valerie Wayda  
Print Name

Valerie Wayda  
Signature

12-7-21  
Date

Valerie Wayda - Ed.D. Associate Dean for Undergraduate and Academic Affairs - College of Physical Activity and Sports Sciences

Laura Polk

Laura Polk  
Laura Polk (Dec 8, 2021 11:21 EST)

Dec 8, 2021

Dean, School of Science and Health

2021-2022